

ONLINE 100 MILLION MANI RECITATION RETREAT 2022 SCHEDULE

(Singapore/ Malaysia / Taiwan Time)

16/12/2022 (Fri) Day 1

9am	Opening Prayers	念诵开始
9.15am	H.E. Thritsab Rinpoche's Teachings	仁波切的开示
9.45am	1st Mani Recitation Session	嘛呢念诵第一段
10.30am	Break	休息
11am	2nd Mani Recitation Session	嘛呢念诵第二段
12.30pm	Lunch	午餐
1.30pm	3rd Mani Recitation Session	嘛呢念诵第三段
3pm	Break	休息
3.30pm	4th Mani Recitation Session	嘛呢念诵第四段
6pm	Dinner	晚餐
7pm	5th Mani Recitation Session	嘛呢念诵第五段
8.15pm	Dedication of Merit	回向功德
9pm	End of Session	法会结束

17/12/2022 (Sat) Day 2

9am	Opening Prayers	念诵开始
9.15am	H.E. Thritsab Rinpoche's Teachings	仁波切的开示
9.45am	1st Mani Recitation Session	嘛呢念诵第一段
10.30am	Break	休息
11am	2nd Mani Recitation Session	嘛呢念诵第二段
12.30pm	Lunch	午餐
1.30pm	3rd Mani Recitation Session	嘛呢念诵第三段
3pm	Break	休息
3.30pm	4th Mani Recitation Session	嘛呢念诵第四段
6pm	Dinner	晚餐
7pm	5th Mani Recitation Session	嘛呢念诵第五段
8.15pm	Dedication of Merit	回向功德
9pm	End of Session	法会结束

18/12/2022 (Sun) Day 3

9am	Opening Prayers	念诵开始
9.10am	H.E. Thritsab Rinpoche's Teachings	仁波切的开示
9.45am	1st Mani Recitation Session	嘛呢念诵第一段
10.30am	Break	休息
11am	2nd Mani Recitation Session	嘛呢念诵第二段
12.30pm	Lunch	午餐
1.30pm	3rd Mani Recitation Session	嘛呢念诵第三段
3pm	Break	休息
3.30pm	4th Mani Recitation Session	嘛呢念诵第四段
6pm	Dinner	晚餐
7pm	5th Mani Recitation Session	嘛呢念诵第五段
7.45pm	Closing Speech by H.E. Thritsab Rinpoche	仁波切闭幕致词
	Zoom Photo Taking Session	ZOOM 拍照
8.15pm	Dedication of Merit	回向功德
9pm	End of Session	法会结束